



School nursing service in secondary schools

School nurses are health professionals who work in partnership with young people, parents, school staff and other services to help achieve the best possible outcomes for children and young people.

The school nursing team

The team includes school nurses who are registered nurses with an additional specialist public health qualification, school staff nurses, school health support workers and school health assistants.

The team works closely with the young person, family, school staff and other professionals to help ensure the best outcome for health and wellbeing is achieved. We provide a service that aims to promote a healthy lifestyle and will work with young people to support their understanding of healthy relationships and making safe choices.

We also work with other professionals in health, education and social care to safeguard young people and will always consider and promote the safety and welfare of all children.

Access to the service and consent

The school nurse regularly visits the school, and provides drop-in sessions as well as one-to-one appointments. Young people can come and see a school nurse during school hours. The nurses will always encourage the young person to discuss any appointments or contacts they have had with their parent or carer.

What the school nurse offers:

- Regular confidential drop-in advice sessions.
- Health assessment and reviews with young people.
- Advice and support, and referral/signposting to other services as appropriate.
- Information and advice regarding relationships and sexual health where appropriate.
- Visits to young people and their families at home to offer support and advice when needed.
- Classroom work with teachers to support the PSHE curriculum.
- Training to school staff to help them manage certain medical conditions.
- Work with schools to support children with an education and health care plan where there is a health concern.

Year 7 questionnaire

All pupils in year 7 will meet the school nurse in a class talk. The nurse will give out a questionnaire which asks the young person about their health concerns.

It will be the young person's choice to complete the questionnaire, and it gives an option for them meet with the school nurse individually.

All questionnaires will be reviewed by the nurse and kept confidentially. The nurse will follow up any young person that has asked to be seen.

Confidentiality

All our staff are required to abide by a strict code of conduct to keep information confidential. We will only share information with others in order to provide good, safe care or to protect the welfare of a child. When this happens, the school nurse will discuss this with the young person.

Health records

Health records will be kept when a young person sees the school nurse. These records are not shared with the school and will be kept securely by Sussex Community NHS Trust (SCT).

Advice and support

If you are a parent/carer and have a concern about your child's health, and would like to discuss this in confidence with a school nurse you can contact the service on 01273 696011ext 4284.

This leaflet is available in other languages and formats, including Braille, large print and audio formats. Please ask your clinical team if you require this.

PALS

Our patient advice and liaison service (PALS), provides support to service users with questions, queries or complaints about SCT services.

If you would like to make a comment, pay a compliment, express a concern or make a complaint about the care you have received, please contact the Service Experience Team (PALS).

Tel: 01273 242292

Email: sc-tr.serviceexperience@nhs.net

Web: www.sussexcommunity.nhs.uk/pals

For further information about Sussex Community NHS Trust's children's services please visit:

www.sussexcommunity.nhs.uk