






Here are just some of the services you may meet as a student at Dorothy Stringer

<p>All Sorts Youth Project</p>		<p>Allsorts is a project based in Brighton to support and empower young people under 26 who are lesbian, gay, bisexual, trans* or unsure (LGBTU) of their sexual orientation and/or gender identity.</p>
<p>Ru-ok? Young People's Substance Misuse Service</p>		<p><i>ru-ok?</i> Works alongside under 18s whose lives are affected by substance misuse (drugs and alcohol) in Brighton & Hove. They offer free, confidential, expert advice and support.</p>
<p>DASH</p>		<p>Confidential chat about drugs, alcohol, etc. Contact Sofia Arnell directly or ask your tutor/HoY to refer you). See link for more information about DASH</p>
<p> School Nurse.pdf</p>		<p>School nurses are health professionals who work in partnership with young people, parents, school staff and other services to help achieve the best possible outcomes for children and young people.</p>

As students you can speak to your Form **Tutor or Head of Year** if you have any worries or concerns and they may arrange for you to speak to someone from one of these groups or you can contact services directly such as Allsorts and RUOK. You can also look at the **PSHE Info Wall** on the SLG for more sources of advice and support from local and national groups and more information about student wellbeing services in school