

CANTEEN MENU WEEK 1

Winter 2021

1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Halloumi Wrap with sweet chilli sauce, salad and seasoned wedges	Pork Meatball Sub	Jerk Spiced Chicken with Rice & Peas	Beef Chilli Taco's with salsa garnish	Breaded fish fillet with chips and beans
VEGGIE MAINS	Mexican Bean Nachos with Cheese	Sweet & Sour Noodles	Vegetable Paella	Italian style meatless meatball sub	Vegan Nuggets with chips and beans
SERVED DAILY	Pasta Pots with Tomato Sauce & Cheese				
	Freshly Cut Baguettes with Various Fillings				
	Jacket Potatoes & Soup				
	Freshly Prepared Fruit & Veg				
SWEETS	Muffins	Flapjack	Cookies	Chocolate brownies	Cookies

All menus are subject to change due to food availability and according to demand.

canteen



A meal deal includes:

A main meal OR baguette OR pasta pot OR jacket potato
AND
 a desert OR freshly cut fruit OR plain water

2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Mac 'n' Cheese with garlic bread and sweet corn	Beef Burger in a floured bap with seasoned wedges and salad	Chicken & Vegetable Curry with Steamed Rice	Butchers Oven baked sausages with mash, green beans and onion gravy	Breaded fish fillet with chips and beans
VEGGIE MAINS	Veggie Enchilada Stack with sweet corn	Falafel Burger in a floured bap with seasoned wedges and salad	Vegetable Biryani (vegan)	Vegan Sausages with seasoned wedges and green beans	Vegan Sausage Roll with chips and beans
SERVED DAILY	Pasta Pots with Tomato Sauce & Cheese				
	Freshly Cut Baguettes with Various Fillings				
	Jacket Potato & Soup				
	Freshly Prepared Fruit & Veg				
SWEETS	Muffins	Flapjack	Cookies	Chocolate brownies	Cookies

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